

Our new Psychosexual service

Many people experience sexual difficulty at some point in their lives.

This can take many forms and can be for a variety of reasons, however, the impact can affect many areas of their lives.

The Therapy Company can now provide confidential help to individuals and couples to address sexual function issues and sexual health problems. Our team of consultant psychiatrists and psychotherapists are highly skilled and have expert knowledge in dealing with these issues in a sensitive and appropriate manner.

The most common sexual problems range from a loss of sexual desire, erection difficulties, ejaculation problems and pain during sex, however, there are many other sexual problems our expert team can support you with.

Data from the most recent national survey in Britain, the Natsal-3 study, revealed that 42% of men and 51% of women reported having at least one sexual problem which lasted three months or more in the past year.

Sexual problems may be related to physical or medical conditions, however, for some they may be associated with psychological, social or emotional circumstances. More often than not, there is a combination of factors contributing to the difficulties being experienced.

These problems may affect the wellbeing of an individual, their relationships and a couples ability to conceive and start a family. It can also impact other areas of people lives affecting their sleeping, eating, general health as well as their professional lives.

In some cases, people will get better by themselves without professional support, however, others may require specialist assistance .

Anyone requiring support and advice can contact us on 01772 725530 or therapy@thetherapycompany.co.uk in complete confidence.

Please note, Psychosexual support is provided for those aged 16 years and upwards